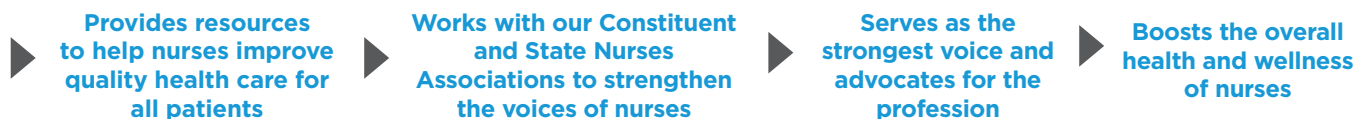


# ABOUT ANA

**American Nurses Association** is the nation's premier nursing association representing more than **5 million registered nurses** across the country. Founded in 1896, ANA has always been at the forefront of **improving the quality of health care for all.**

## What ANA Does



## Why ANA Matters

**Leading the profession to shape the future of nursing and health care:** ANA supports individuals and organizations to improve patient care and advance the nursing profession. From advocating in the halls of Congress, to setting the bar for credentialing worldwide, ANA exists to give every nurse the best chance of success.

**Empowering Nurses to Excel:** Dedicated nurses deserve the best practice environments, and to be supported to live the healthiest lives. We are committed to safeguarding nurse well-being, for improved patient outcomes and happier nurses.

**Nursing Excellence:** We're supporting nurses to practice to the highest standards, built on ANA Professional Standards including the Code of Ethics.

**Work Environment:** A positive, safe working environment with adequate staffing levels is vital for nurses to provide the highest quality care.

**Health Policy:** Nursing knowledge is vital to inform successful health care policy and react to the changing needs of the health care system.

## How ANA Helps You



**Convenient Cutting-Edge Nursing Resources** ▶ We give you convenient cutting-edge resources to RNs, so you can be the best nurse you can be.



**Mental Health Support** ▶ We support your mental health with on-demand resources to help manage stress and prevent burnout.



**Guidance for Curating Your Nursing Career Path** ▶ We give you the tools you need to craft your dream career.



**Advocacy** ▶ We serve as one unified voice for all RNs, giving you a seat at the table and your voice in the room.

## What To Do Now

**Join ANA and Your Constituent and Your State Nurses Association!** Visit [JoinANA.org](https://www.joinana.org) or scan the QR codes for more information.



**See what ANA has to offer!**



**Become member of the premier home for registered nurses!**



# STATE RESOURCES



When you join ANA and your State Association, you can support and elevate the nursing profession and provide the highest quality patient care.



## Why Join?

### State Association Membership Benefits:

- State association newsletter
- Representation in the state house on critical issues
- Connections you with nurses across your state
- Education and career development
- Career center and job networking



## Make Your Voice Heard!

### Your state association works for you on the state level by:

- Protecting your Nursing Practice Act
- Advocating at the state level
- Representing you in the state house on critical issues

**FIND YOUR STATE ASSOCIATION:**



**SCAN the QR code and connect with your state.**



# ANA MEMBERSHIP

Discover the benefits available with an ANA membership.  
**JOIN TODAY at [JoinANA.org](http://JoinANA.org)!**



When you join ANA, you have access to the tools, training, and resources to help you succeed in every area of your nursing career.



## Advance Your Career

Hundreds of free and discounted CNE modules, including:

- Navigate Nursing
- \$100 Off ANCC Certification
- ANA's Tuition Discount Program
- Free, on-demand webinars
- ANA Career Center



## Access Vital Tools

- ANA Principles, Code of Ethics, and Standards of Practice foundational documents
- CINAHL and Drug Name Error Finder Tool
- The Global Disease Alert Map and PubMed Citations



## Connect with Other RNs

- Mentor or mentee through ANA's Mentoring Hub
- Online nursing communities
- Committees or boards at national, state, and local levels



## Support ANA's Advocacy Programs

- Legislative, Regulatory and Political Advocacy
- ANA Political Action Committee
- RN-Action



## Stay Current on Nursing News

- *American Nurse Journal*
- *OJIN-The Online Journal of Issues in Nursing*
- *ANA SmartBrief*



## Receive Mental Health and Wellness Support

- Nurse Burnout Prevention Program
- Healthy Nurse, Healthy Nation



## PLUS!

Save Money with Personal Benefits

- ▶ Refinance Your Student Loans
- ▶ Free Craftsy - A \$90 Value
- ▶ Active & Fit Direct™ Fitness Programs
- ▶ Discounted Term Life, Long-Term Care, Accidental Death & Dismemberment, and Professional Liability Insurance

Scan the QR code for a full list of benefits.  
[nursingworld.org/benefits](http://nursingworld.org/benefits)



# CUTTING-EDGE RESOURCES

Explore these resources  
provided by trusted  
experts in nursing.

The American Nurses Association provides a one-stop source for up-to-date, reliable nursing and patient-care information, provided by trusted experts in the nursing and healthcare fields.



So you can be  
the best nurse  
you can be...

**American Nurse Journal** ▶ This leading peer-to-peer monthly publication offers practical and useable information to help you advance your practice. Plus, each issue offers you CNE. Access it easily online or in print.

Visit [myamericannurse.com](http://myamericannurse.com)

**OJIN: The Online Journal of Issues in Nursing** ▶ Stay informed with OJIN, our peer-reviewed, online journal about current topics affecting nursing practice, research, education, and the wider healthcare sector. Make it part of your professional reading!

Read at [ojin.nursingworld.org](http://ojin.nursingworld.org)

**ANA Mentoring Hub** ▶ Participate in ANA's free members-only Mentoring Program. Get quick advice as a Mentee, or provide immediate help to another RN as a Mentor.

Participate at [mentorship.nursingworld.org](http://mentorship.nursingworld.org)

**Navigate Nursing Webinars** ▶ This webinar bundle gives you access to four webinars, each with CNE, with just one registration. Each webinar is designed to help develop your skills, get the most up-to-date clinical information, and deliver top-quality care to your patients. These on-demand webinars are free to members – a \$75 value!

Watch at [navigatenursing.org](http://navigatenursing.org)

**Nursing Books** ▶ Books are still a valuable investment. Hold an ANA nursing book in your hands or on your tablet. You're getting the expertise and knowledge you can take with you anywhere, refer to easily, and know you can absolutely rely on.

Browse at [nursingworld.org/education-events/Books](http://nursingworld.org/education-events/Books)

**Professional Development Tools** ▶ Access valuable professional tools including: CINAHL, Drug Name Error Finder Tool, The Global Disease Alert Map, and PubMed Citations.

Find at [nursingworld.org/membership/member-benefits/professional-development-resources](http://nursingworld.org/membership/member-benefits/professional-development-resources)



As an RN, for your well-being, you must connect with others in the RN community. ANA online communities give you a way to connect with your peers in a private and confidential setting. Join now and share victories and frustrations, exchange knowledge, ask questions and receive genuine answers, and foster meaningful relationships.

Join Today. Visit  
[community.ana.org](http://community.ana.org)

# MENTAL HEALTH SUPPORT

ANA supports your mental health with on-demand resources to help you manage stress and prevent burnout.

Explore the latest ANA membership offerings designed to support you on a professional and personal level.

**Nurse Burnout Prevention Program** ▶ Designed for nurses by respected experts, this program features dozens of video-based modules you can fit into your schedule on your time. Plus, get up to 49 hours of free CNE.

The Nurse Burnout Prevention Program:

- Designed for nurses by respected experts, this program features dozens of video-based modules you can fit into your schedule on your time
- Earn up to 49 hours of free CNE
- Provides you access to real-time resources and tools to help you understand the science behind what you are experiencing, and how to manage moments of extraordinary stress
- The Burnout Prevention Program and the Healthy Nurse Healthy Nation program are two ways ANA members can take care of their mental and physical

Scan here to  
learn more ▶



**Healthy Nurse, Healthy Nation** ▶ Pick your focus area in mental health, physical activity, nutrition, rest, quality of life, or safety. Then make a health commitment. Participate in HNHN's monthly health challenges - FREE for ANA members.



**Craftsy** ▶ Studies show that engaging in creative hobbies relieves stress. Get a full-year subscription to Craftsy — a \$90 value, free with ANA membership! Craftsy is an online community with tailored project kits, step-by-step expert instruction, and timely lessons to help you make something you're proud of! With more than 1,500 classes in 20+ categories, there is sure to be something to pique your interest.

**Travel Discounts** ▶ Travel discounts are the #1 requested benefit program from ANA members. ANA has partnered with BookingCommunity to offer members hotel room rates that are discounted up to 70%. ANA members get access to amazing deals that are not available to the public, at more than 800,000 participating hotels and resorts worldwide.

**Active&Fit Direct™** ▶ It is critical for nurses to be in good shape for their physical and mental well-being. For only \$28 a month, ANA members can join one of 11,000+ fitness centers in Active&Fit Direct's standard network (including brands like Gold's Gym, LA Fitness, YMCA, SNAP Fitness, and Curves).

**Student Debt Support** ▶ Refinance your student loans with ANA's partner, Laurel Road, and get \$300 cash back or a special discount rate.



Browse all of ANA's Member Benefits at  
[nursingworld.org/benefits](https://www.nursingworld.org/benefits)

# ADVOCACY

The American Nurses Association advocates for all nurses, giving you a seat at the table and your voice in the room. See how ANA is making a difference in areas important to nurses, including on safe staffing, workplace violence, creating a culture of safety, health equity, social determinants of health, and more.

**GET INVOLVED.  
SCAN HERE.**



## **Legislative, Regulatory and Political Advocacy**

ANA is the greatest ally you have to shape the country's future for nurses and quality health care. We have relationships with regulatory agencies, aligned healthcare organizations, organizational affiliates, and others to advocate for nurse priorities, monitor nursing-related state legislation, and give you simple ways to message your legislators.

**Learn more at [nursingworld.org/practice-policy/advocacy](https://nursingworld.org/practice-policy/advocacy)**

## **RNAction**

When nurses speak, Washington listens. Get involved in ANA's efforts on your behalf. Make nursing stronger by adding your voice to ours. Get the latest news, take action, and hear what other RNs are saying.

**Sign up at [rnaction.org](https://rnaction.org)**

## **ANA Political Action Committee (PAC)**

ANA ensures that our elected officials are dedicated to listening and are aligned to the needs of nurses and advancing the quality of patient care.

**Visit [anapac.org](https://anapac.org)**



# YOUR CAREER PATH

Set yourself  
apart with  
these tools.

The American Nurses Association provides you with the tools you need to craft your dream career! ANA has resources to improve your RN knowledge and advance your career so you can keep making a difference in the lives of your patients.

**ANA CNE Resources** ▶ Don't wait until just before the deadline to fill your contact hour requirement. Set up a personal monthly schedule to earn hours throughout the year. Select from ANA's offerings of more than 140 online ANA CNE resources (20+ free), and earn from 0.5 to 61 contact hours!

**Start earning CNEs at [nursingworld.org/continuing-education](https://nursingworld.org/continuing-education)**

**Navigate Nursing Webinars** ▶ This bundle gives you access to four webinars, each with CNE, with just one registration. Each webinar is designed to help develop your skills, get the most up-to-date clinical information, and deliver top-quality care to your patients. These on-demand webinars are free to members — a \$75 value!

**Watch at [navigatennursing.org](https://navigatennursing.org)**

**American Nurses Credentialing Center (ANCC)** ▶ One thing really affirms your nursing skill level and sets you apart: certification. Members save \$100 on specialty or advanced practice certification from ANCC.

**Explore certifications at [nursingworld.org/our-certifications](https://nursingworld.org/our-certifications)**

**Nursing Books** ▶ ANA publishes books on a variety of nursing topics and core issues that underpin all nursing practice. From the nursing scope and standards of practice, patient safety, ethics and much more! You're getting expertise and knowledge you can take with you anywhere, refer to easily, and content you can absolutely rely on.

**Browse at [nursingworld.org/education-events/Books](https://nursingworld.org/education-events/Books)**

**Tuition Discount Program** ▶ Ready for your next major RN career step? Enroll in one of our accredited universities — and save on tuition with your ANA membership.

**Check out opportunities here [nursingworld.org/membership/member-benefits/tuition-discount-for-nurses](https://nursingworld.org/membership/member-benefits/tuition-discount-for-nurses)**



## Volunteer ▶

ANA continues to make huge steps to **advance nursing**, and **improve health and health care for all**, through the commitment and passion of registered nurses.

**To support our activities, we need your help.**

Join the hundreds of dedicated nurses who volunteer and share their expertise, passion, and time to help transform lives.

Scan here to  
learn more

